



KS1 Spring 2: We are Safe

We are learning....

- That there are rules in place to keep us safe and that we may need help to follow them sometimes. That there are risks and dangers around us all the time but it's how we react to them that makes them unsafe. We will look at some of the dangers in the home like the cooker and electrical items like the iron and how to stay safe around these things.
- We need to ask for help from our trusted adults to help us stay safe when at home or out and about. We will learn how to spot dangers when we're out playing and how to cross the roads safely and why it is so important to wear a seatbelt when travelling in the car.
- We will learn about being safe in the sun and wearing appropriate clothing and protection.



- How to stay safe on the internet and why we need to speak to our trusted adults if something worries us. This will also teach us about staying safe around strangers and what not to do if someone we don't know wants to talk to us.
 - That there are people around us who are here to help like the police or fire service, we will learn what they do and how to ask for help.
- That our bodies belong to us and we need to keep ourselves safe by keeping our bodies private. We will also learn about situations where showing our bodies is ok.



Quiz questions:

- What is the difference between a hazard and a danger?
- Who can help to keep us safe at home? Who can keep us safe out and about?
- Why is sun safety so important?
- What should you do if someone talks to you that you don't know—whether on the internet or real life?
- Which parts of our bodies are private? When is it ok to show our body parts?



Key Vocabulary

danger:	Something that could cause harm.
unsafe:	Something that is not safe .
safe:	Being protected from harm and danger .
hurt:	To be injured.
rules:	Instructions we need to follow to stay safe .
trusted adults:	Adults who we know we can talk to about anything that worries us.
hazard:	Something which could be dangerous or cause harm.
Green Cross Code:	A set of instructions to help pedestrians stay safe around roads.
stranger:	Someone we don't know well or at all.
risk:	A chance something may be dangerous or cause harm.

Children will be given opportunities to ask any questions they may have and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.

If you have any questions or concerns regarding your child's PSHE and Citizenship lessons, or anything else, please don't hesitate to let us know.