



PE – Tag Rugby – Year 5/6

Key Learning

1. To know how to link skills, actions and ideas confidently to suit the games activity.
2. To know how to take part in a competitive game of tag rugby confidently with a strong understanding of tactics.
3. To know how to link ball skills in a variety of ways.
4. To know how to keep possession in game situations.
5. To know and understand rules in game situations.

Vocabulary

Tag	A detachable strip on a belt; when removed by an opponent, it stops the ball carrier, who must pass within three seconds.
Try	The main way to score; grounding the ball over the opponent's try line earns your team points.
Pass	The act of throwing the ball to a teammate. All passes must go backwards or sideways, never forward.
Pitch	The marked playing field, similar in layout to a rugby pitch but often smaller for tag rugby.
Belt	Worn around the waist with two tags attached. Every player must wear a belt correctly during the game.
Attack	When your team is in possession of the ball and working to score a try.
Defence	When your team is trying to stop the attacking team from scoring by pulling tags.
Offside	A player is offside if they are in front of the ball or not behind the last tagger, which can lead to a penalty.
Tag Count	Teams have up to six tags (similar to tackles in rugby league) before possession changes to the other team.
Tagger	A defensive player who removes a tag from the ball carrier to halt their progress and initiate a pass.

Key Athletes



Jonny Wilkinson

Legendary English rugby fly-half, renowned for his precise kicking, World Cup-winning drop goal in 2003, relentless work ethic, and dedication to both physical and mental excellence on and off the field.

Sarah Hunter

Inspirational England rugby captain, celebrated for leadership, resilience, and over 140 caps. A trailblazer in women's sport, driving progress and excellence both on and off the pitch.

