



PE – Tag Rugby – Year 1/2

Key Learning

1. To know how to perform a range of throws.
2. To know the importance of rules in tag rugby.
3. To begin to know how to attack and defend.
4. To know how to change speed within a game.
5. To begin to combine a variety of skills to a game situation.
6. To know how to negotiate space.

Vocabulary

Tag	A strip of material that hangs from your belt. If someone pulls it off, you have to stop and pass the ball.
Try	When you put the ball down on the ground over the other team's goal line. This scores points!
Pass	Throwing the ball to a teammate. In tag rugby, you can only pass backwards or sideways.
Team	A group of players who work together to score tries and stop the other team.
Pitch	The field where you play the game.
Belt	Worn around your waist to hold your tags. Everyone wears one.
Defend	Trying to stop the other team from scoring by pulling their tags.
Attack	When your team has the ball and is trying to score a try.
Tagger	A player who pulls off an opponent's tag to stop them.
Offside	When a player is too far in front and not in the right place. You have to be behind the ball to join in properly.

Key Athletes

Jonny Wilkinson

Legendary English rugby fly-half, renowned for his precise kicking, World Cup-winning drop goal in 2003, relentless work ethic, and dedication to both physical and mental excellence on and off the field.



Sarah Hunter

Inspirational England rugby captain, celebrated for leadership, resilience, and over 140 caps. A trailblazer in women's sport, driving progress and excellence both on and off the pitch.

