

Vocabulary	
Pivot	When you keep one foot still and turn your body to face a new direction.
Footwork	A rule that says you must stop properly and not move your landing foot when you catch the ball.
Offside	A rule that says players must stay in the right areas on the court.
Obstruction	You must stand at least 3 feet (1 metre) away from the player with the ball.
Held Ball	You must pass or shoot the ball within 3 seconds, or the other team gets the ball.
Interception	When you catch a pass meant for the other team.
Goal Circle	The half-circle where you are allowed to shoot for a goal.
Centre Pass	How the game and each quarter start, with a pass from the centre of the court.
Bounce Pass	A pass that hits the ground once before it reaches your teammate.
Marking	Staying close to an opponent to try and stop them from getting the ball.
Turnover	When one team loses the ball and the other team gets it.

1. To know tactics and composition by varying how they respond in game situations.
2. To know how to use ball skills in a variety of ways – passing and shooting.
3. To take part in competitive games.
4. To know how to work well in a group to develop game situations.
5. To apply basic skills for attacking and defending.
6. To know the rules for Netball.

