



PE – Hockey – Year 1/2

Key Learning

1. To know how to perform a range of passes.
2. To know the importance of rules in hockey.
3. To begin to know how to attack and defend.
4. To know how to change speed within a game.
5. To begin to combine a variety of skills to a game situation.
6. To know how to negotiate space.

Vocabulary

Dribble	Moving the ball along the ground using your stick while walking or running.
Pass	Giving the ball to a teammate using your stick.
Tackle	Trying to take the ball away from someone on the other team.
Goal	When the ball goes into the other team's net to score a point.
Stick	The tool players use to hit and move the ball.
Ball	The small, hard ball used to play the game.
Pitch	The field where you play hockey.
Goalkeeper	The player who stands in front of the goal and tries to stop the ball.
Push	A way to move the ball by gently pushing it with your stick.

Key Athletes



Maddie Hinch

British Olympic gold medallist and world-class field hockey goalkeeper, renowned for fearless saves, leadership, and inspiring dedication on and off the pitch.

Kate Richardson-Walsh

Olympic gold medallist and former hockey captain, known for leadership, resilience, and championing equality and LGBTQ+ representation in sport.



SCHOOL GAMES

