



PE – Handball – Year 3/4

Key Learning

1. To know how to link skills and actions to suit the games activity.
2. To know how to use skills with coordination and control.
3. To know how to take part in competitive games.
4. To know how to work well in teams to develop games of handball.
5. To know the rules of handball.
6. To know how to cause challenges for the opposition.

Vocabulary

Goal	The netted area where you aim to throw the ball to score a point for your team.
Throw Off	The way the game starts or restarts after a goal. A player from the centre throws the ball to a teammate.
Catch	Gaining control of the ball with your hands after it has been thrown by another player.
Dribble	Bouncing the ball on the floor with one hand, allowing you to move with the ball. You can only dribble once after catching the ball.
Pass	Throwing the ball to a teammate to help move the ball down the court or to create a scoring chance.
Team	A group of players who work together to score goals and prevent the other team from scoring.
Out	When the ball crosses the boundary lines of the playing court.
Goalkeeper	The player positioned in front of their team's goal whose main job is to stop the opposing team from scoring. They have special rules within their goal area.
Foul	An action that breaks the rules of the game, like pushing, tripping, or taking too many steps with the ball without dribbling.
Score	The number of goals each team has successfully made. The team with the higher score at the end of the game wins.
Pivot	A player who usually stands near the opponent's goal area and often receives passes to try and score or set up other players. They can only pivot on one foot once they receive the ball.

Key Athletes



Kylian Ferrier

Started handball in France at 7, now playing professionally for Livry-Gargan. Proudly represent Great Britain, with a memorable first European league game with Toulouse.

Ollie Tyler

Playing Handball since 13 with Deva, I've represented England and Great Britain (U16-Senior) across Europe. Inspired by London 2012. Current GB Captain.

