



PE – Handball – Year 1/2

Key Learning

1. To know how to perform a range of throws.
2. To know the importance of rules in handball.
3. To begin to know how to attack and defend.
4. To know how to change speed within a game.
5. To begin to combine a variety of skills to a game situation.
6. To know how to negotiate space.

Vocabulary

Goal	This is the net where you try to throw the ball to score a point.
Catch	Using your arm to send the ball to a teammate or towards the goal.
Shoot	Using your hands to grab the ball when someone throws it to you.
Dribble	Bouncing the ball on the floor with one hand while you move.
Pass	Throwing the ball to another player on your team.
Team	A group of players working together to try and score more goals than the other team.
Out	When the ball goes outside the lines of the playing area.
Goalkeeper	The player who stands in front of their team's goal to try and stop the ball from going in.
Foul	When you do something that's not allowed in the game, like contact with another player.
Score	How many goals each team has made. The team with the most goals wins.

Key Athletes



Kylian Ferrier

Started handball in France at 7, now playing professionally for Livry-Gargan. Proudly represent Great Britain, with a memorable first European league game with Toulouse.

Ollie Tyler

Playing Handball since 13 with Deva, I've represented England and Great Britain (U16-Senior) across Europe. Inspired by London 2012. Current GB Captain.

