



PE – Dodgeball – Year 5/6

Key Learning

1. To know how to link skills, actions and ideas confidently to suit the games activity.
2. To know how to take part in a competitive game of handball confidently with a strong understanding of tactics.
3. To know how to link ball skills in a variety of ways.
4. To know how to keep possession in game situations.
5. To know and understand rules in game situations.

Vocabulary

Dodge	Quickly move or jump to avoid being hit by a thrown ball.
Throw	Launch the ball at an opponent with the aim of getting them out.
Catch	Secure a thrown ball before it hits the ground; the thrower is out and one teammate can return.
Out	A player is out if they're hit by a live ball or their throw is caught by the other team.
Live Ball	A ball that's been thrown and hasn't yet hit the ground, wall, or another object.
Block	Deflecting a ball with a ball you're holding; if it hits you after the block, you're still out.
Teamwork	Working together with teammates to plan throws, catches, and dodges.
Court	The designated playing area where the game takes place, divided by a centre line.
Referee	An official who enforces the rules, watches for fouls, and decides when players are out.
Boundary Line	Lines marking the edges of the court. Stepping outside them usually means you're out.

Key Athletes

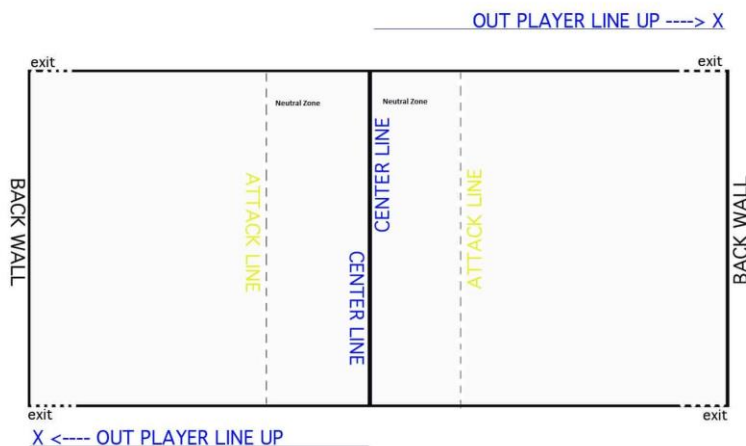


Alex Harrison

Alex, a long-time England team member, debuted at the 2010 London European International and remains one of the sport's most highly decorated players.

Abbie Gower

She began playing dodgeball at 13, chose it over football at university, and has since captained England teams at major tournaments, including the 2024 World Championships.



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